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Elven Light Bearer Initiation

Part Two
Chapter One

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What Does it Mean to be an Elven Light Bearer?

As noted in the introduction, only the Elves who chose to live with the Valar saw the Two Trees; hence, therefore being the Light Elves, the Elven spiritual path is one of Light; both Divine Light, and Elven Light. While that principle may be easy to grasp, the principles relative to being a Light Bearer may be somewhat nebulous, particularly if that term has never been presented to you before; hence, you may be asking “*What is a Light Bearer?*”

A web search for the term will bring up many references to both Christ, and to a certain fallen angel first presented in ancient Hebrew texts, with the name that accurately translates into “Day Star”, but has been reinterpreted since the development of the King James Bible as “Light-bearer”. Neither of those references hereto apply; although the former certainly may in the context of Christ’s Light being an Expression of Holy Spirit’s Light, and the Flame Imperishable being an analog of Holy Spirit. The concept and role of the Elven Light Bearer may be best understood in the context of universal, contemporary understandings of the principles that apply to that concept and role.

According to those principles, The path of the Light Bearer entails being a beacon of peace, patience, non-judgmentalism, cohesion, unity, grace, serenity, great understanding, Wisdom, and Love (ConsciousReminder, 2016) It entails being a positive presence, and guide (where needed), purposefully participating in affecting a positive shift from a world focused on survival, self-indulging spectacle, and societal dissonance, to one that is more Conscious, vibrating on a much higher level, embodying and expressing universal Harmony (Padayhag, 2018). As Spirit Guide Sparrow (2011) thereupon elucidates, (somewhat like a creed), ***Light Bearers are here***

*“To be the standard for all those who seek resolution in light.
To be a light holder; an energy holder to support balance and growth around the world.
To be the pioneers of change and forward thinking.
To be the liberators of truth and cooperation.
To be the example of love personified.
To be the teachers of the knowledge and the process.
To be the facilitators and practitioners of inner wisdom and sovereign Self-given gifts.
To be kind, compassionate and forgiving.
To be the ambassadors of light, love and liberty.
To be the disassemblers of illusion.
To be the seeders of greater understanding and expanded consciousness.
To be the way showers, inspirers and world leaders.
To be the healers, the listeners and the carers.
To be the voice of spirit.
To be the creators.
To be the transmuters, transitioners and trainers.
To be the authors of Earth’s future in the cosmos.
To be the protectors of Mother Earth and all its inhabitants.”*

Those who walk the Elven spiritual path all agree that those principles are all fundamental tenets of the Path, (whether one’s particular thereupon focus is Tolkien-based, or otherwise); hence, those tenets may also be regarded as fundamental character aspects of being an Elven Light Bearer. You probably were inspired to pick up this book because you embody and exhibit many of them, if not most of them, and because they are core principles of your own; if so, then Spirit may be hereto guiding you to inform you this is one Way by which you may fulfill, and become the Fulfillment of them. Taken as a creed, the aggregate of those principles form the commitment one makes when deciding to be a Light Bearer of any kind, (e.g. Elven, Christian, Hindu, Pagan, Gnostic, Jewish, Sufi, Taoist, Shamanic, etc.). Depending on the spiritual tradition guiding your becoming a Light Bearer, generally speaking, the first step is always the most important. Relative to becoming an Elven Light Bearer, the first step is to shift your attention starward, heaven-

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ward, and to set your intention on transcending your inherent mundane nature in order to become a consecrated Vessel for the Nature and Light of Eru, and the Fulfillment of the individual, sovereign Expression of Eru's Thought that has become you; that is Becoming You.

Transcending Earthwardness

Earthward: *adv. & adj.* To or toward the earth (American..., 2000)

Inherently, our Arda nature tends toward baseness, grossness, constriction, compacting, decline, and decay. Our consciousness may ascend above those limitations, and we may extend a quality of lightness into our microcosms [material + subtle bodies] using the Light of our consciousness; however, without Transformation, our Arda nature nonetheless tends to progress in an earthward, rather than heavenward direction. The Bath of Faskalan is a way to cleanse our being, including our Arda nature, of that tendency, and to thereby to consecrate ourselves as Bearers of Light, and invert our inherent earthward nature to an inherent heavenward Nature. To immerse yourself in Faskalan is to experience Transformation in a Way that initiates you into being an Elven Light Bearer.

To whatever degrees you may experience them, the results of the Transformation engendered by the Ritual of Faskalan are chronic, and enduring; and entirely positive. Performing this ritual is a steadfast commitment to a new Way of life, increasingly motivated by, and acting not as, and/or by your ego, (ergo your Arda nature), but as Love, (ergo your Divine Nature). It is a commitment to thinking with the Mind of Love, not your natural mind. It is a commitment to allowing the pure Light of the Flame Imperishable (Holy Spirit) to illuminate all of Arda directly through you, without exception, in ways that transmit, and further joy, and enlightenment everywhere you are, and everywhere you go; even when you're not in the mood to do so.

You may read this ritual academically, simply to understand what it entails; it is good to do so before actually engaging the ritual, just to be more familiar, and at ease with what you'll thereby experience. However, be certain you are 100% sure that this is what you wish to fully experience before you actually perform it. If you're on the fence, liking the idea of being such a Light Bearer, but also experiencing apprehension that causes you to push the proverbial "Pause button", then just inform Holy Spirit of your indecision, (i.e. talk with Spirit the way you would do so with a best friend, admitting both your interest and your hesitancy). If you're sincere, Spirit will gradually strengthen your resolve, and enable you to experience far more peace about proceeding than the apprehension that deters you from doing so. In that peace, whenever you reach that point, you may proceed into and through the ritual with confidence; along with the blessings of both Divine Providence and the Valar.

Legendarium background

The scene is Valinor, after the Two Trees, Telperion and Laurelin, were decimated by Ungoliant's filth. Of all the Valar, only Vana, and Nessa refused to leave the underlying source of Laurelin, the crucible of Light known as "*Kulullin*". The Vibrations of Vana's Lament and Nessa's Dance, later joined by the Power of Nienna's tears and Yavanna's Song, stirred the Essence of Laurelin just enough for Yavanna's Song to evoke a single, final blossom from Laurelin, which became the *Fruit of Noon*, filled with golden, liquid Light. By Aulë and Tulkas, it's been dropped, its golden juices poured out, and the rind is being fashioned into the Ship of Heaven, from which Varda will create the Sun.

"Behold now it is to be told how while that galleon was a-building, others nigh to where the Two Trees once grew, fashioned a great bason, and folk laboured mightily at it. Its floor they made of gold and its walls of polished bronze, and an arcade of golden pillars topped with fires engirdled it, save only on the East; but Yavanna set a great and nameless spell around it, so that therein was poured the most of the waters of the fruit of noon and it became a bath of fire. Indeed is it not called Tamyasalpë, the bowl of fire, even Faskalamümen, the Bath of the Setting Sun..."

"Now the making of this place of fire is more wondrous than seems, for so subtle were those radiances that set in the air they spilled not nor sank, nay rather they rose and floated away far above Valin, being of the utmost buoyancy and lightness; yet

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now did nought escape from Faskalan which burnt amid the plain, and light came to Valinor therefrom, yet by reason of the deepness of the bason it fared not far abroad and the ring of shadows stood close in...

"Urwenði [Arien]... said that she was not adread, and begged leave to become the mistress of the Sun and to make herself ready for that office as Ilúvatar set it in her heart to do. Then did she bid a many of her maidens follow her, even of those who had aforetime watered the roots of Laurelin with light, and casting aside their raiment they went down into that pool Faskalan as bathers into the sea, and its golden foams went over their bodies, and the Gods saw them not and were afraid. But after a while they came again to the brazen shores and were not as before, for their bodies were grown lucent and shone as with an ardour within, and light flashed from their limbs as they moved, nor might any raiment endure to cover their glorious bodies any more. Like air were they, and they trod as lightly as does sunlight on the earth..." (Tolkien, 1983)

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The Ritual of Faskalan

Aligning with all of the Valar, Guided by Her Majesty,
Varda Elentári ar Tintallë, (Queen of the Stars and Star-Kindler)

I. Establishing Directions of the Sacred Sphere, Invoking the Valar, and Creating Starflower Water

Lindë Elenlótë - The Song of the Starflower

[Applying the fundamental energies that dynamically establish your Elven sacred space.]

A. Stand in the center of your ritual practice area, and face Eastward, (i.e. the direction of Cuiviénen/Elf Origins). Take a moment to visualize mists of swirling Gold, and Silver Light naturally establishing your ritual space. See the mists flowing from above, below, throughout the middle of the space, finally condensing into a unified strength in the center, where you stand, and therefrom radiating outward in the form of a sphere.)

B. Intone the Holy Name, “Eru” (AY-roo, either as your heart moves you to do so, or using any octave, the first syllable on the high note, and the second syllable on the low note), initially holding your hands outward, then bringing them together in the prayer mudra position, at the heart chakra, with your thumbs against your chest. {Alternatively, you may intone “Ilúvë” (ee-LOO-oo-vay), [the All/Everywhere], or (as the Elves call Eru,) “Ilúvatar” (ee-loo-OO-vah-tar) [the All-Father] and/or “Ilúvamil” (ee-loo-OO-vah-meel), [the All-Mother], acknowledging the “All That Is” in a balanced way. If you identify with being Christian, or otherwise have a relationship with Yésus Hristo (Jesus Christ), then you may also call upon Him at this time, in your preferred way.}



Aligning with the Flame Imperishable/Secret Fire

In the Beginning, when Eru created the Ainur from His Thought, (just as He created the Children of Ilúvatar, the Firstborn, [Elves], and Followers [(Secondborn) Humans]), He placed within each of them a Spark of the *Flame Imperishable*, i.e. a spirit-animating, Consciousness-activating fractal of His Holy Spirit. Likewise, as the *Secret Fire*, Eru placed the Flame at the heart of the world, enabling the Ainur who became the Valar to draw upon Its Creative Power in their formation, and maintenance of Arda. You being a Child of Ilúvatar, It fires your spirit, abides within every cell of your body, and is therein dynamically focused within your heart chakra. As you begin this ritual, align with the Flame as a Being; the *One Who Is Love*.

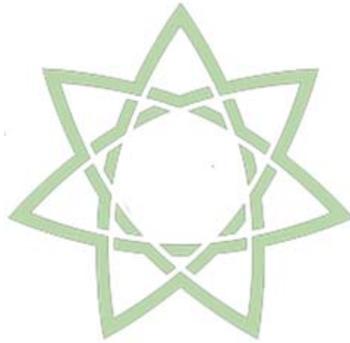


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Whilst still holding your hands in the prayer mudra, deeply breathe for a moment, or two, until you feel as though you're breathing directly through your heart. Then, in order to literally set the tone of the following expression, calmly say, "Hm-mm", (just as you would if you were pondering something). Notice the first tone that you express when doing so; that is the base musical tone to which your body is presently attuned. Visualize the flickering Light of the Flame within your heart chakra, and, into the Flame, using that tone, softly sing the word, "Aum" [with a hard "u", as in "unicorn"], e.g. "Aaaaauuuummmm...". Feel the Flame respond by radiating outward from you, and drawing Eru's Consciousness, and Presence to surround you. So intone Aum three times, once for your mental/spiritual body, once for your astral/psychic body, and once for your material/physical body; and, during the final intoning feel Eru's Consciousness, and the Presence radiating throughout the sphere, as well as within and throughout your being—as pure Divine Love *loving you*. Acknowledge Love with a smile, and feel, and be still in the Presence. Linger there for a moment, then take the next step when you're ready to do so.

C. Using your right hand, trace a septagram [representing the Starflower, amongst other meanings] in front of you, whilst sequentially intoning the names of the Elven days, one day per point, as below specified:



The Septagram (as *Elven Septaquetra*)

[Intone using the major scale tones, 1-5-3; which, in the key of C, are C-G-E]

Hand Position	Day Name	Tones
4:00 (Open)	EL-EN-YA (Star Day)	[Maj. scale tones, 1-5-3.]
8:00	A-NAR-YA (Sun Day)	[Maj. scale tones, 1-5-3.]
2:00	I-SIL-YA (Moon Day)	[Maj. scale tones, 1-5-3.]
7:00	AL-DU-YA (Tree's Day, i.e. the <i>Two Trees</i>)	[Maj. scale tones, 1-5-3.]
12:00	ME-NEL-YA (Heaven's Day)	[Maj. scale tones, 1-5-3.]
5:00	EÄ-REN -YA (Mariner's Day/Sea Day)	[Maj. scale tones, (1-1)^5-3]
10:00	VA-LAN-YA (Day of the Valar, or High-Day)	[Maj. scale tones, 1-5-3.]
4:00 (Close)	AR-DA (Earth)	[Maj. scale tones, 5-1.]

^ (EÄ is two syllables)

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D. Then, to complete, and seal the septagram's energy, set your right hand at its center, in the "Fear Not" mudra position, and visualize the interwoven lines of the septagram glowing as white Light. Using your Active Imagination, see the Light expand to fill the entire area in which you chosen to establish your sacred sphere.

E. Then, return your hands to the prayer mudra at your heart chakra, and intone, "EÄ" [AY-ab] (Be!), [just as you above intoned "Arda", i.e. using 5-1 notes of the standard musical scale, e.g. G-C, or as you may otherwise prefer]; do so three times to activate the septagram's Flow on the spiritual plane, the astral plane, and the physical plane. Then, intoning EÄ a fourth, and final time, *simultaneously open your hands outwardly, (doing the opposite of the hand movement you performed during the opening whilst you were intoning of Eru/Ikúve/Ikúvatar/Ikúvamil).*

F. Spherically Acknowledge the Directions, Evoke the Valar, and Acknowledge Ilúvatar:

[Just as you above intoned, "Arda", use the major scale tones, 5-1, to intone each of the below 2-syllable Tengwar, and tones 5-3-1 for Rómen and Númen.]

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1. Facing East, trace the Tengwa, Rómen, in the air with your right hand. Whilst holding your hand in the "Fear Not" mudra position, intone, "RO-O-MEN" [RO-O-main]. Leaving your hand in that position, say: *"I now call on Manwë Súlimo, High King of Arda, Lord of the Winds, and Eagles, whose mind is closest to the Mind of Eru; and his Lady, Varda Elentári, Queen of the Stars, Maker of the Sun, and Moon, and protector of Arda, and of all of Ilúvatar's Children. I welcome you into this sacred sphere. [Allow a few seconds for you to feel their Presence; then, hail them.] Aiya!"*

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2. Facing South, trace the Tengwa, Hyarmen. Whilst holding your hand in the "Fear Not" mudra position, intone, "HYAR-MEN" [YAR-main]. Leaving your hand in that position, say: *"I now call on the youngest Warrior Vala, joyful, ruddy Tulkas the Strong, who valiantly defeated, and chain-bound the Enemy, Morgoth, using only his bare hands; and his wife, the youngest Valië, Nessa, she who dances on Valinor's ever-green grass, friend of the deer, and sister of Oromë. I welcome you into this sacred sphere. [Allow a few seconds for you to feel their Presence; then, hail them.] Aiya!"*

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3. Facing North, trace the Tengwa, Formen. Whilst holding your hand in the "Fear Not" mudra position, intone, "FOR-MEN" [FOR-main]. Leaving your hand in that position, say: *"I now call on Aulë, the Smith, the Vala of the mining and crafting of both metals, and gemstones, he who, dwelling in the ground, created the Dwarves as a gift to Ilúvatar; and the motherly, and Queenly Yavanna Kementári, the Valië of Arda's maturing, verdant Harvest, the Giver of Fruits, and of Life, (flora and fauna), that nourishes all Eldalië. I welcome you into this sacred sphere. [Allow a few seconds for you to feel their Presence; then, hail them.] Aiya!"*